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January 6, 2026

How to Trade NIKKEI 225 in 2026

Tomas Nesnidal

Breakout Trading Specialist and Hedge Fund Manager
Breakout Trading Academy

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As with all investments, your capital is at risk



How to build breakout strategies for NIKKEI 225 in 2026

With Tomas Nesnidal
(akka Mr. Breakouts)



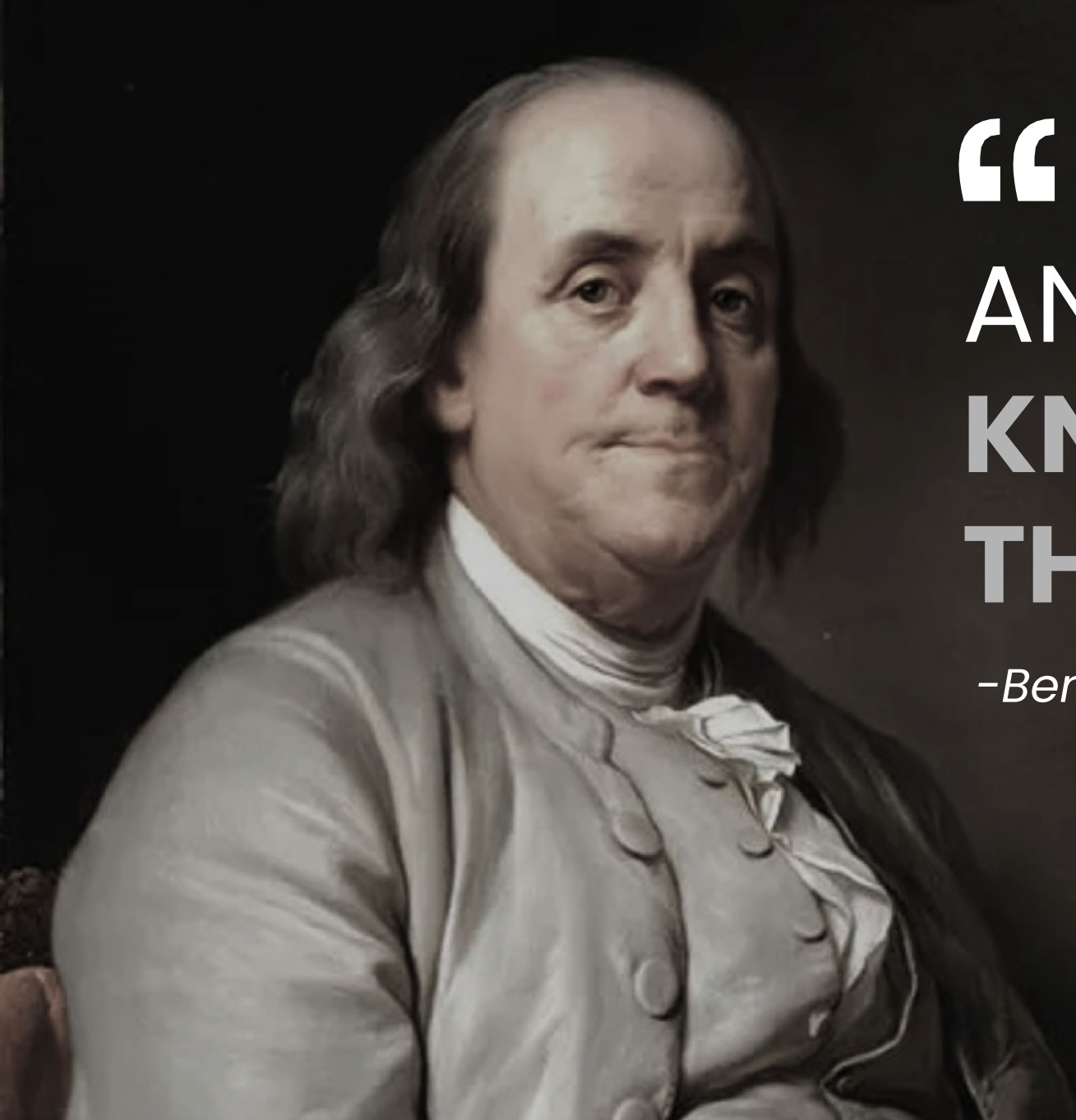
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“

**AN INVESTMENT IN
KNOWLEDGE PAYS
THE BEST INTEREST.**

-Benjamin Franklin



TODAY...

- ✔ Algo breakout trading specialist;
- ✔ Full-time trader for over 15 years;
- ✔ A private hedge fund co-founder;
- ✔ Featured on many major international trading media (in English, German, and Czech);
- ✔ A passionate traveler – traveled 68 countries thanks to breakout trading;
- ✔ Co-founder of www.BreakoutTradingAcademy.com and author of the www.TheBreakoutTradingRevolutionBook.com

Stocks & Commodities V. 36:09 (32–35, 37): Interview: Travel The Trading World With Tomas Nesnidal by Jayanthi Gopalakrishnan

INTERVIEW

The Rise Of Automation

Travel The Trading World With Tomas Nesnidal

Travel, eat, meditate, make money, and enjoy life. That's how Tomas Nesnidal describes his life. And it's a life many traders would covet. Nesnidal has been a full-time trader for over 11 years, specializing in automated algorithmic trading strategies. Although he has developed strategies for different trading styles, his affinity is for breakout trading systems and market internals. His personal blog at www.SystemsOnTheRoad.com contains some practical posts with tips, videos, and a free breakout strategy.

STOCKS & COMMODITIES Editor Jayanthi Gopalakrishnan communicated with Tomas Nesnidal via email in July 2018 to find out more about his breakout trading strategies.

Tomas, could you tell us about what got you interested in trading?

I am a European-based trader who trades the US markets. I was born in the Czech Republic but have been living and trading from the very south of Spain for about seven years now. My original professional background is in the movie industry (I graduated from a film school), but I found that my true passion is for the markets. I decided to trade to fulfill my two big dreams—to live on a sunny beach and to travel a lot. Thanks to trading, I achieved both: I am living in a beautiful location, right on the beach, and I have traveled to 65 countries. In fact, your wonderful magazine published my article "Around The World In Trading Days" in your June 2016 issue, which tells more about that. A lot of people who read that article didn't believe it was true—that I really travel so much while fully automated trading makes money for me.

But it is true; I have been living exactly like that for many years. It is absolutely doable and absolutely achievable.

Since the time you published that 2016 article about how I trade while traveling around the world, I have had one significant trading-related news event in my trading life: Last year, in November, I launched my own private hedge fund, which, so far—knock on wood—has been performing well.

That's good to hear. I know you've traded different strategies, but you're known for breakout trading strategies. What is it about breakout trading strategies that appeals to you?

Yes, breakout trading strategies are my area of specialization. I have been trading these strategies for about eight years now, full-time. And what I like about them is they are very universal. They work on any market, timeframe, both in day trading and swing trading. I have developed a universal breakout strategies model, which is very robust. With this model, it is pretty simple to build powerful, highly robust breakout trading strategies almost on any market in the world. In our hedge fund, we have 913 breakout trading strategies we built with this model, and after two years of tracking them, 93% of the strategies that passed the hardest robustness level keep making money. That's what I truly love about breakout trading strategies—they simply work and I think of them as a timeless trading approach.

You mentor several traders. One of the aspects you often discuss is there's more to trading than the desire to make money. There's a deeper purpose—one of self-discovery. Could you talk more about that?

Trading is a very demanding business. To succeed in the long term, you need

to learn not only about a lot of technical and conceptual aspects but also the psychological aspects of trading. At the beginning, most traders think they are already Zen masters—until their first drawdown. When that first drawdown strikes, they are freaked out. They become very emotional, start making mistakes, and stop being disciplined. Fear and greed simply take over the rational mind—and their trading dreams are buried fast.

So, to be a successful trader, you need to "conquer" these two trading emotions—fear and greed. But that can only be achieved through honest and deep self-discovery. Thanks to trading and thanks to the constant need to challenge the emotions of fear and greed, I



Once you are "all in," it becomes much more than just a quest to make money. It literally pushes your personality to constantly grow.

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Trade From Anywhere
Around The World In Trading Days

Yes, it's possible. Here's how one trader traveled the world while continuing to make an income from his trading.

By Tomas Nesnidal

Trading is one of the few professions that gives you the freedom to set your own hours, make substantial income, and live on a diet of rice and beans. If you play your cards right, you may be able to replace the rice and beans with something more lavish. I'm talking more than food.

During the last six years, I have been fortunate enough to travel to more than 60 countries, fully financed from my annual trading earnings. I have learned how to manage my trading business from anywhere in the world and what steps I need to take to keep making money in automated trading. I've also learned what it takes to develop good, viable strategies. In this article, I will explain five of the most important and challenging lessons, and how I learned to overcome them.

I. Finding a good trading strategy
This is about as difficult as setting jelly to your whiteboard.

THE TRADERS' MAGAZINE SINCE 1982 www.traders.com JUNE 2016

TECHNICAL ANALYSIS OF **STOCKS & COMMODITIES**

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JUNE 2016

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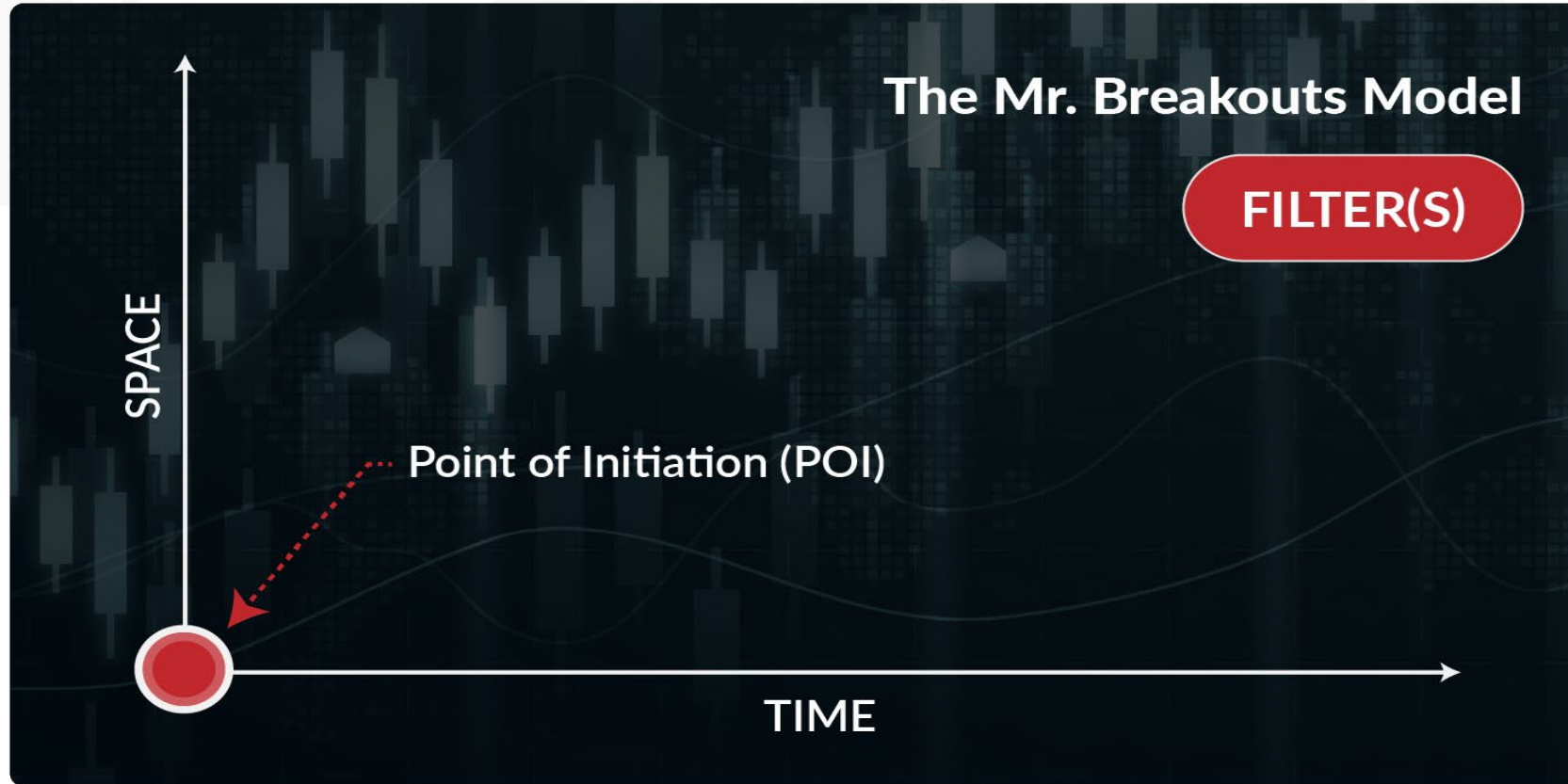
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Petr Podhajský & Tomáš Nesnidal



MY LIFE-CHANGING TRADING FORMULA I AM GOING TO SHARE WITH YOU TODAY...




Source: www.TheBreakoutTradingRevolution.com book

My 2468 breakout strategies for over 40 markets.....

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Candidate

| CID | Tags | Created | Symbol | TF | Style | LSB | Order Type | No.Trades | IECP % | |
|--|------|------------|--------|-----|-------|------------|------------|-----------|-----------|----|
| C14819-[@HO][TF60M] iD | | 2020/07/03 | @HO | 60M | Swing | Long/Short | STP | 629 | -1,472.81 | 9, |
| C25004-[@HO][TF60M] iD | | 2020/07/05 | @HO | 60M | Swing | Long/Short | STP | 2078 | -58.46 | 8, |

WHY NIKKEI 225?



Why NIKKEI 225?

- **Historic Milestone:** Surpassed the **50,000 level** in Q4, delivering ~25% YTD returns.
- **Extremely good market for breakout trading:** Clear trends and easy to follow
- **Very good for day trading:** with very moderate risk
- **In my opinion:** Much better than NASDAQ (which is too complicated to trade -> too many algorithms)
- **Extremely easy to trade with IBKR:** I prefer futures contract, @NK -> traded on CME (very good!)





**LET'S BUILD
A NIKKEI 225
DAYTRADING
BREAKOUT STRATEGY!**

A very short (4 mins) video explaining what I will talk about next (for about 40 mins) – please click on the image and on the PLAY button below it to play the video

The screenshot displays the BreakoutOS web application interface. At the top, the navigation menu includes: BREAKOUTOS (POWERED BY BREAKOUT TRADING ACADEMY), a home icon, a list icon, and dropdown menus for PICK, BUILD, LAUNCH, THRIVE, SHARE, IMPROVE, BONUSES, ELITE, HELP, and Admin. The main header features the logo for 'The Breakout Trading REVOLUTION BOOTCAMP PRO' and a welcome message: 'Welcome to the Breakout Trading Revolution: Find & Build Viable Breakout Models in Seconds, NOT Weeks!'. Below this is a four-step process flow: 1. PROTOTYPE, 2. PICK, 3. FINALIZE, and 4. VALIDATE (which is currently selected and highlighted with a mouse cursor). On the left side, there is a 'DATA' sidebar with a 'Load New File' button, an 'Exclude Weekends' toggle switch (checked), and a 'Show Import Help' button. The central area shows 'The Mr. Breakouts Model' as a line graph on a 'SPACE' vs 'TIME' coordinate system. A red circle marks the 'Point of Initiation (POI)' on the graph. A red button labeled 'FILTER(S)' is positioned above the graph. At the bottom, a 'My Progress' bar shows a green indicator.

A black and white photograph of a person in a dark suit and tie, with their hands held out in a questioning gesture. A large, glowing white question mark is superimposed over the person's chest. The background is dark and textured.

Questions

HOW CAN YOU CONTACT ME



tomas@breakouttradingacademy.com



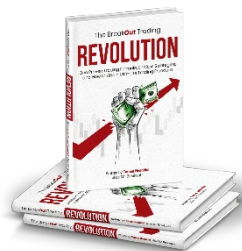
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