

October 15, 2025

The Futures Foundation: Building Your Trading Edge from the Ground Up

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As with all investments, your capital is at risk

The Futures Long Game: Trade Smarter. Trade Longer. Grow Stronger

- Host: CME Group Ryan Gorman
- Presenter: Jim Iuorio, Managing Director, TJM Institutional Services

The Futures Foundation: Building Your Trading Edge from the Ground Up

- CME Group host Ryan Gorman and Jim Iuorio, Managing Director, TJM Institutional Services will provide an essential introduction to the world of futures trading, explaining what futures contracts are, how they work, and the different types of markets you can trade. The session will then shift to the core pillars of responsible trading, covering key topics like risk management and the importance of position sizing to protect your capital while analyzing current market trends. Attendees will learn how margin works in futures and its impact on leverage, as well as how to interpret and manage volatility in a fast-paced market.

Standardized futures at CME Group

What a futures contract is **AND** what it is not.

Futures contracts are **not** assets. They convey no rights of ownership, nor do they pay or accrue interest.

They are **futures contracts** which, as a contract, provide certain rights and obligations.

The terms of the contract are outlined in its contract specifications, available for viewing on cmegroup.com.

Standardized futures at CME Group

Because a futures contract is not an asset futures contracts do not require full payment of the notional value of the contract at execution.

What futures do require is a performance bond, also referred to as margin.

This is different than securities margin which involves borrowing capital from a broker to buy shares of stock. That is a loan from the broker (up to 50% of the value of the stock purchase) and results in interest expense.

Margins on futures constitute a security bond on the open position to ensure performance of the contract. Usually a fraction of the notional value of the contract.

Futures trading involves substantial risk of loss by trading futures on margin, you acknowledge and accept that you can lose more than your initial investment, leverage magnifies both gains and losses, margin calls require immediate additional deposits, positions may be liquidated without your consent, markets can move rapidly against your positions.

List of Products

AGRICULTURE >

2CZ5 CPT 👤 Corn Futures 486'4 -3'0 (-0.73%) 113,386	ZSX5 CPT 👤 Soybean Futures 1851'4 +2'0 (+0.19%) 64,425
ZLZ5 CPT 👤 Soybean Oil Futures 53.14 -0.34 (-0.64%) 31,533	ZMZ5 CPT 👤 Soybean Meal Futures 291.1 -2.2 (-0.75%) 44,064
ZWZ5 CPT 👤 Chicago SRW Wheat Futures 525'0 -6'6 (-1.27%) 46,223	LEV5 CPT 👤 Live Cattle Futures 242.825 +3.825 (+1.61%) 20,707

ENERGY >

CLV5 CPT 👤 Crude Oil Futures 63.63 +0.38 (+0.60%) 186,761	NGV25 CPT 👤 Henry Hub Natural Gas Futures 2.871 +0.081 (+2.90%) 88,078
BZX5 CPT 👤 Brent Last Day Financial Futures 66.95 +0.25 (+0.37%) 19,805	RBV5 CPT 👤 RBOB Gasoline Futures 1.9596 +0.0049 (+0.25%) 33,046
HQV5 CPT 👤 NY Harbor ULSD Futures 2.2878 +0.0186 (+0.47%) 27,981	QMV5 CPT 👤 E-mini Crude Oil Futures 63.625 +0.375 (+0.59%) 2,113

EQUITIES >

ESUS CPT 👤 E-mini S&P 500 Futures 6491.75 +9.25 (+0.14%) 392,980	NQUS CPT 👤 E-mini Nasdaq-100 Futures 23599.75 +8.25 (+0.03%) 286,452
YMUS CPT 👤 E-mini Dow Jones Industrial Average Index Futures 45595 +106 (+0.23%) 36,311	NIYUS CPT 👤 Nikkei (JPY) Futures 42465 -40 (-0.09%) 7,099
RTYUS CPT 👤 E-mini Russell 2000 Index Futures 2374.50 +10.40 (+0.44%) 74,136	EMDUS CPT 👤 E-mini S&P MidCap 400 Futures 3271.00 +18.60 (+0.57%) 3,185

FX >

6AUS CPT 👤 Australian Dollar Futures 0.64945 -0.0002 (-0.03%) 44,635	6CUS CPT 👤 Canadian Dollar Futures 0.7239 +0.0004 (+0.06%) 33,758
6SUS CPT 👤 Swiss Franc Futures 1.24705 -0.00095 (-0.08%) 13,021	6EUR CPT 👤 Euro FX Futures 1.16225 -0.00365 (-0.31%) 110,167
6BRS CPT 👤 British Pound Futures 1.3469 -0.0014 (-0.10%) 37,352	6JPUS CPT 👤 Japanese Yen Futures 0.006783 -0.000017 (-0.25%) 93,807

INTEREST RATES >

SR3Z5 CPT 👤 Three-Month SOFR Futures 96.23 +0.005 (+0.01%) 206,074	ZTUS CPT 👤 2-Year T-Note Futures 103'306 +0'002 (+0.01%) 532,133
ZFUS CPT 👤 5-Year T-Note Futures 109'042 +0'002 (+0.01%) 1,071,010	ZNUS CPT 👤 10-Year T-Note Futures 112'060 -0'005 (-0.01%) 1,072,589
TNUS CPT 👤 Ultra 10-Year U.S. Treasury Note Futures 114'020 -0'025 (-0.07%) 598,311	ZBUS CPT 👤 U.S. Treasury Bond Futures 114'05 -0'14 (-0.38%) 203,340

METALS >

GCZ5 CPT 👤 Gold Futures 3436.5 +3.5 (+0.10%) 108,632	SIUS CPT 👤 Silver Futures 38.540 -0.066 (-0.17%) 32,002
PLV5 CPT 👤 Platinum Futures 1347.3 -2.1 (-0.16%) 12,864	PAUS CPT 👤 Palladium Futures 1086.00 -8.40 (-0.77%) 3,189
HGUS CPT 👤 Copper Futures 4.4820 -0.0575 (-1.29%) 12,933	ALIX5 CPT 👤 Aluminum Futures 2542.75 -33.75 (-1.31%) 294

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It's different for every industry.



Futures vs Equities

	Futures	Equities
Represents Ownership		X
Expires	X	
Inherent Leverage	X	
Trades on Exchange	X	X
Near 24-Hour Access	X	
Requires Locate to "Short"		X
Borrow Costs		X
Pricing Increment	"Ticks"	\$0.01

Why trade futures at CME Group?

Capital efficiencies

Around-the-clock trading

Ease of “going Short”

Tax considerations

Pure direct participation in “markets”
and asset classes

CME Group has been in business
nearly two centuries

Technical indicators used for stocks/ETFs
applicable to Micros

Execution costs and liquidity

Standardized futures at CME Group

There are two types of margin at CME Group.

Initial margin: the amount required by CME Clearing to initiate a futures position. While set by CME Clearing a broker may require additional funds over and above CME Clearing initial margin be held on deposit.

Maintenance margin: the minimum amount that must be maintained at any given time in your account per open futures position.

Futures positions are consistently monitored by the Clearing House and marked-to-market twice daily. The variation cash flows based on the M-T-M reduce systemic risk and eliminate loss carry forwards.

Futures trading involves substantial risk of loss by trading futures on margin, you acknowledge and accept that you can lose more than your initial investment, leverage magnifies both gains and losses, margin calls require immediate additional deposits, positions may be liquidated without your consent, markets can move rapidly against your positions.

Notional Value

Futures Product Size (“*Notional Value*”) is Determined by a “Multiplier”

Product	Multiplier	“Notional Value” if NQ is trading 20,450
E-mini Futures (NQ)	\$20.00	$\$20 \times 20,450 = \$409,000$ 1% move = \$4,090
Micro E-mini Futures (MNQ)	\$2.00	$\$2 \times 20,450 = \$40,900$ 1% move = \$409

Leverage with Futures

Margin on futures gives traders the ability to control a large notional value relative to the initial capital required

Example: Micro Gold

Price: \$3,400/oz

Margin: \$1,500

Contract Unit: 10 troy oz

Notional Value: \$34,000

Example: \$GLD

Price: \$312

Share equivalent: 108



 CME Group

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Margin vs Margin

Buy 1 MNQ

\$24,900

NOTIONAL EXPOSURE

$24,900 \times 2 =$
\$49,800.00

CME MARGIN REQ.

\$3,025

Buy 83 QQQ

\$600

NOTIONAL EXPOSURE

$600 \times 83 =$
\$49,800.00

REG T MARGIN REQ.

\$24,900

Buy 285 NVDA

\$175

NOTIONAL EXPOSURE

$175 \times 285 =$
\$49,875

REG T MARGIN REQ.

\$24,937.5

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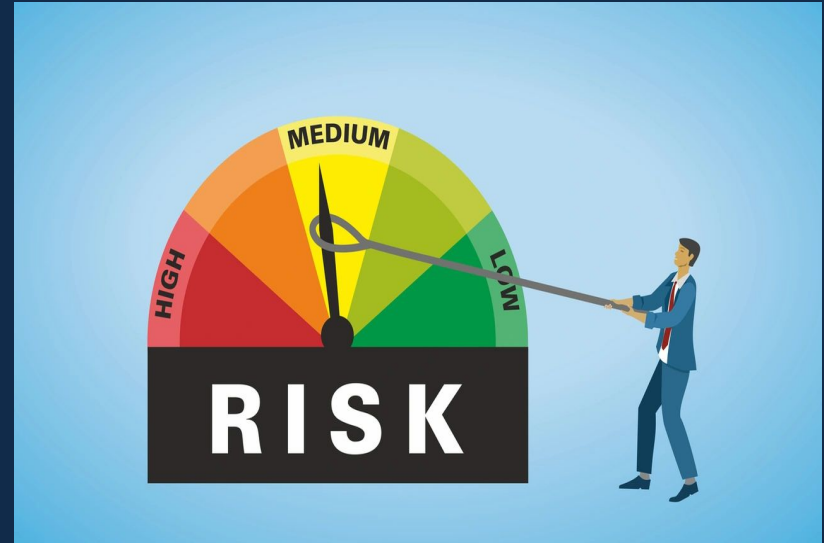
Risk Management

Creating a plan to protect capital

- Avoid massive drawdowns
- Preserve capital
- Build a consistent approach

Understand your risk before entering a trade

Stop Loss Orders
Pre Trade Risk Levels



Position Sizing

Understanding how to manage position size helps manage overall risk
Individuals risk tolerance / capital available

Knowing tick size and value for any contract you are trading

Contract types:

Full sized

Mini

Micro





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Questions