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Sheridan Options Mentoring

“Double Strategies”, Short-Term Trades: Part 1 – Double Calendars

Dan Sheridan

Sheridan Options Mentoring

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Sheridan Risk Management



“Double Strategies”

Short Term Trades:

Part 1 – Double Calendars

With: Dan Sheridan – Dan@SheridanRiskManagement.com

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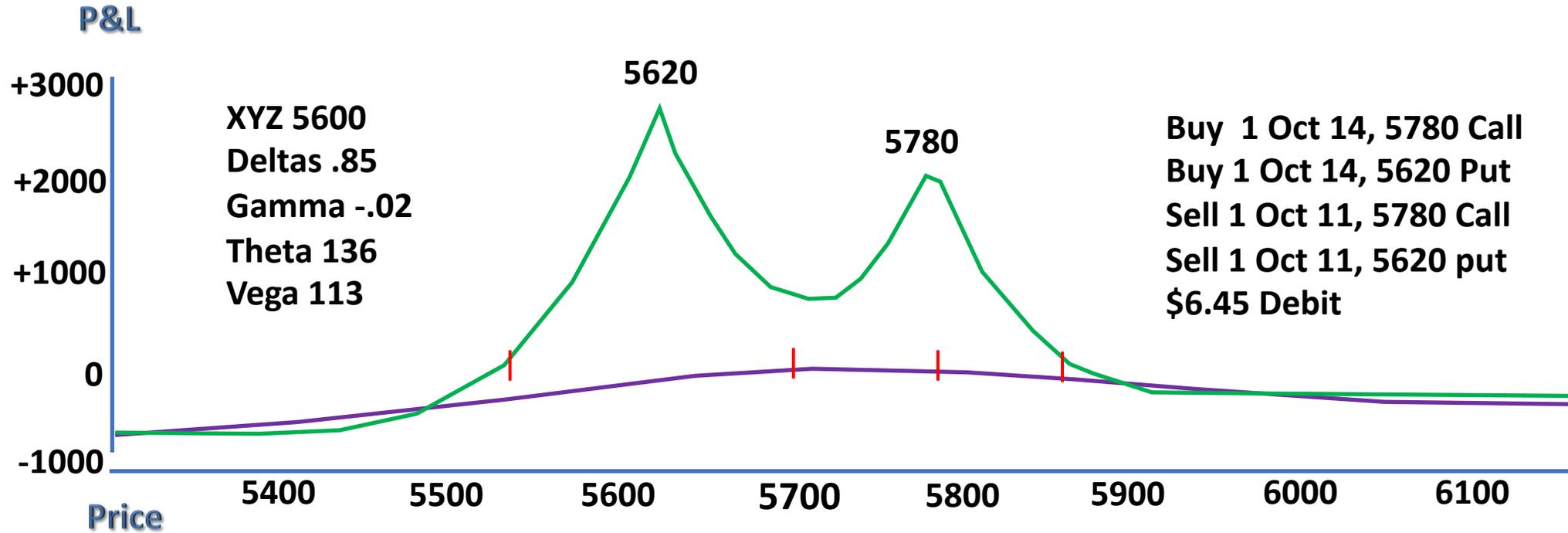
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Double Calendars

- What are they?
- Why do I like them?
- VIX and Volatility Considerations?
- Better for Short-term or Long-Term Trades?
- How often do I enter these trades?

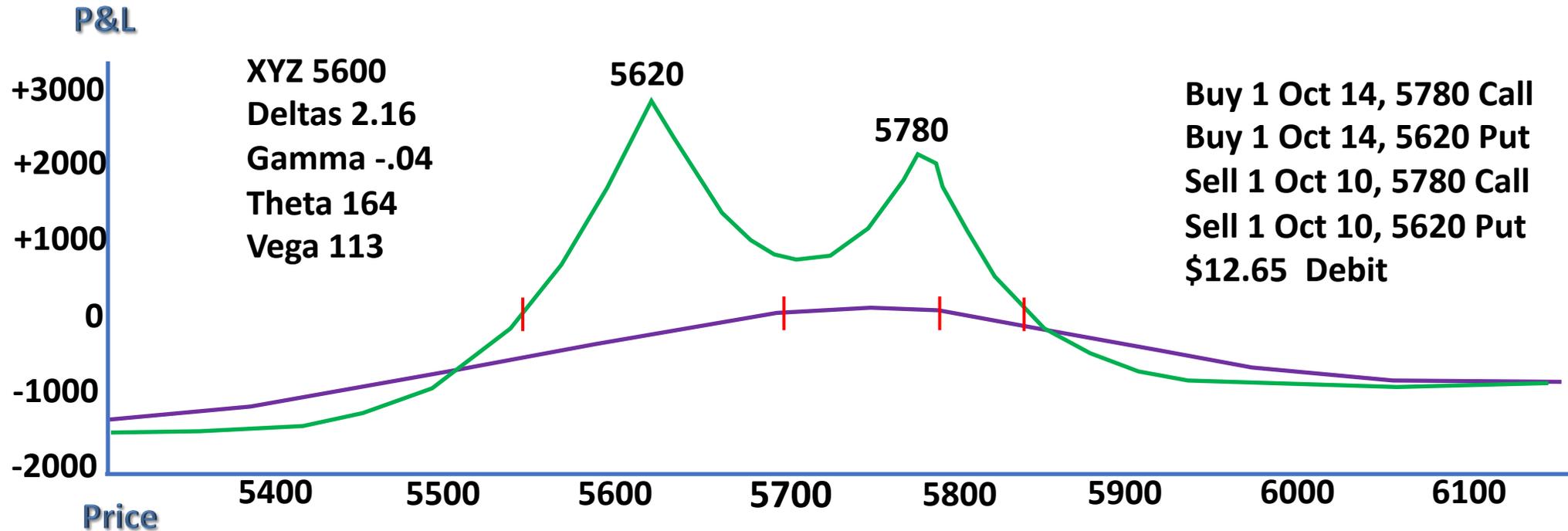
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8-Day Double Calendar 10-3-2024: VIX 20.49



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7-Day Double Calendar 10-3-2024: VIX 20.49



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Guidelines

- When to enter?
- Duration?
- Strikes and Expected Move?
- Days in Trade?
- 4 Step Risk Management?

