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June 12, 2024

Nasdaq

Short-dated Options and Why They're Misunderstood

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Impact of Non-Standard Expiries in Listed Options

June 12, 2024

Discussion Topics

U.S. Options Industry Growth & Rise in Shorter-Dated Trading

Same-Day Expiring Options History

Institutional vs. Retail Volume Trends in Same-Day Expiring Options

Open Interest Reduction as Expiry Approaches

Realized Volatility Comparison Approaching Market Close

Market Makers -

What's Driving the Growth?

- As additional product has expanded, the industry has grown
- Over 100% volume growth since 2018
- Multiple event causation

Key Points:

- Available product & differences between asset classes
- Options share by underlying / asset class (index)
- Open interest tendencies over the lifecycle of an option

Options ADV by Expiration Type

Average Daily Volumes since 1975. Monthly expiries include Leaps.



Source: OCC/Nasdaq (Annual ADV 1970 – 2024*)

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Same-Day Expiring Options

History – Multi-List

AAPL, AMZN, MSFT, TSLA, NVDA, NFLX, GOOG, GOOGL

Key Points:

- Same-day expiring options are not a **product** ... they are a point in time
- Exchange listing processes the differences between option expiry types
- Comparison to February 2018 "Volmageddon" event
 - Retail short vs. long convexity
 - Professional hedging techniques
 - Available hedging product
- The growth in short-dated weekly options volume is a direct result of additional product added to the asset class
- Classically, ~40% of actively traded equity instrument volume on day of expiry is in the expiring series (0-DTE)
- No data to suggest additional systemic risk due to increased trading in short-term instruments

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Friday ODTE options Volume Shares by Days to Expiry

Includes AAPL, AMZN, MSFT, TSLA, NVDA, NFLX, GOOG, GOOGL



Source: Nasdaq (January 2015 – May 2024)

Proportion of Trading

Opening & Closing Positions by Days To Expiry

- ~50% increase in closing positions in the final week of the option.
- The concentration of volume on the date of expiry is partly caused by investors preferring to close positions rather than deal with administrative costs and hedging risks associated with exercising.
- The closing of these positions contribute to the concentration of ADV on expiry day.

Opening/Closing Positions by Days to Expiry



Source: Nasdaq (June 24, 2014 – March 21, 2023)

Institutional vs. Retail Volume

Day of expiry volumes from January 1, 2023 - April 10, 2024, grouped by institutional vs. retail

- Retail is not an outsized percent of the market that is trading on the day of expiry, as shown on the graph
- Traditionally, retail accounts for approximately 40% of options trading across the industry, which is consistent with the day of expiry volumes thus far in 2023
- Retail investors are typically net buyers of options, whereas Institutional investors are typically net sellers of options.



Source: Nasdaq (January 1, 2023 – April 10, 2024)

ETF 1 Closing Volatility

ETF 1 before & after the introduction of Tuesday and Thursday expiries; alternative tenor introduction

- ETF 1 closing volatility is lower since the addition of Tuesday/Thursday expirations
 - VIX is also lower during equivalent comparison period
 - VIX-adjusted volatility of ETF 1 instrument not materially affected by Tue/Thurs additional product, even when considering VIX offset

Tuesday/Thursday ETF 1 (& ETF 2) Expiries

(Added on 11/14/2022)





Source: Nasdaq (February 14, 2022 – November 14, 2022)

Data(November 14, 2022 – August 15, 2023)

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Recap Key Points

- Same-day expiring options (commonly referred to as ODTE) represent a point in time in which an option is traded on the last day of its expiry cycle
- Trading on the day of expiry has been a common practice for decades
- The data does not suggest that the addition of expiries in a limited number of ETPs:
 - contributes to additional systemic risk, or
 - increases realized volatility

What About?

- Operational concerns?
- Strike & Data proliferation?



Use of shorter-dated index options has been growing across the complex, including ETFs designed to track indexes

- Considerations:
 - Ability to gain exposure or manage macro risk at a more granular level
 - Pinpoint potential event risk exposure
 - Positive expectancy positions benefit from + occurrences
 - More occurrences increases probabilities ("delta") working out as expected
 - Is there some point where concentration becomes "too much"?

Total NDX Volume by Days to Expiry Over Time



Source: Nasdaq (Jan 2, 2023 – April 21, 2024)

End users are choosing more dynamic strikes relative to history – much of it in shorter dated expiries

Greater flexibility!

- Considerations:
 - Historically, 50% or more of NDX trades executed on a 100 (round number) strike.
 I.E. 18,500 or 18,600
 - Introduction of shorter maturities increased use of "other" NDX strikes
 - Tailored event risk hedging/exposure
 - Nasdaq employs AI assistance in strike listing process.

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NDX Volume by Strike Interval Over Time



Source: Nasdaq (January 2, 2022 – March 30, 2024)

Expansion of previous visual: longer-dated options cluster around 100 strike intervals (still); shorter-dated options volume is more nuanced

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STRIKE NDXP(W) Jun05 18,500.00



ETF Example

Cheap dollar directional exposure with meaningful leverage; controlling \$45k+ of ETF exposure with ~\$215; potential to lose \$215 quickly

- Considerations:
 - Percent of account at risk in ~24 hours
 - Gamma (ATM options move from ~50 delta to 100 or 0 delta)
 - Would spreading be more efficient?
 - Need to exit/monetize/realize loss if you can't be short underlying ETF



Cheap dollar directional exposure with meaningful leverage; controlling \$18.5k+ of ETF exposure with ~\$50; potential to lose \$50 quickly

- Considerations: ٠
 - Similar exposure profile tracking same index
 - Gamma (ATM options move from ~50 delta to 100 or 0 delta)
 - Flexibility with • exit/monetization because index options cash settle
 - Potential tax benefits

Buy 1 Jun05'24 185 Put Break Even: \$184.26				IT	Any stock, options or futures symbols displayed are for illustrative purposes only and are not intended to portray recommendations, or an invitation or inducement to trade a particular financial instrument or to engage in an	
>	- → See Quote	T Clear	0.56 Ask 0.50 Mid 0.44 Bid		investment activity. There trading futures and options indicative of future results.	is a substantial risk of loss in s. Past performance is not
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	Max Loss \$74.00			Commission 1.05	Commission% 1.43	Margin Impact 0.00
				MinInvest 73.05		
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Source: IBKR platform Delta on expiring options			The Greeks	\frown		
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				30% 💌	Jun05'24 💌	Refresh

Source: IBKR platform

Reduced dollar risk via spreading; NDX average intraday range ~1.1% of spot (18-month lookback); delta/gamma exposure much less volatile

- Considerations:
 - Index options cash settled, so even expiry between strikes need not be rolled
 - Ability to define risk over discrete time frames
 - More difficult to defend against losing trades as expiration approaches
 - Potential tax benefits

*Tax treatment depends on individual circumstances and is subject to change

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NDX volume has been concentrated in the expiring options; as mentioned, that's been the case throughout time; "0 DTE" is not a product, it's a point in time

- Considerations:
 - Desire to "control" the range of outcomes is natural
 - Choice is valuable in any consumer product
 - Benefit to overall profile of index liquidity
 - Potential tax benefits

*Tax treatment depends on individual circumstances and is subject to change.

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2024 NDX Average Daily Contracts Traded by Days to Expiry



Source: Nasdaq (January 2, 2024 – May 15, 2024)

Recap

Key Points Expanded

- WHAT IS 0-DTE? 0-DTE refers to trading an option on the day it expires
 - 0-DTE options are NOT DAILY OPTIONS. These products are listed and trading for at least 10 trading days prior to expiry, usually 3 weeks before expiry.
 - All securities with options listed on them have had same-day expiry events since July 31, 1973.
- The data does not suggest that any apparent outsized risk is introduced to the market by the addition of available product.
 - Retail investors tend to be net BUYERS of options while institutions are net SELLERS = Balanced market dynamic.
 - The increased liquidity in shorter dated options is expected to enhance investors' experience.
 - Market Makers employ prudent risk management practices, as shown by increased liquidity in shorter dated instruments.
 - Comparisons to the "Volmageddon" event of 2018 are entirely without merit.
 - Volatility is a natural phenomenon of markets and should NOT be attributed to same-day expiring options.
- Retail use of short-term options product is not outsized. Retail is traditionally >40% of market volume
 - Traders use options in a variety of strategies involving hedging, yield generation, speculation, and to position portfolios to their liking.
 - Traders should understand the benefits and risks of using options under ALL circumstances & a myriad of educational tools are available for free online.